



*STREAMLINE SPORTS PHYSICAL THERAPY  
335 E LEWIS ST, STE 10, POCA TELLO ID 83201  
208.269.2360*

### **Dry Needling Consent & Information Form**

Dry needling involves inserting a tiny monofilament needle in a muscle(s) in order to release shortened bands of muscles and decrease trigger point activity. This can help resolve pain and muscle tension and will promote healing. This is not traditional Chinese acupuncture but is instead a medical treatment that relies on a medical diagnosis to be effective. Dry needling is a valuable and effective treatment for musculoskeletal pain. Like any treatment, there are possible complications. While complications are rare in occurrence, they are real and must be considered prior to giving consent for treatment.

**Risks:** The most serious risk with dry needling is accidental puncture of a lung (pneumothorax). If this were to occur, it may likely require a chest x-ray and no further treatment. The symptoms are shortness of breath that may last for several days to weeks. A more severe puncture can require hospitalization and re-inflation of the lung. This is a rare complication, and in skilled hands should not be a major concern. Other risks include injury to a blood vessel causing a bruise, infection and/or nerve injury. Bruising is a common occurrence and should not be a concern.

**Patients Consent:** I understand that no guarantee or assurance has been made as to the results of this procedure and that it may not cure my condition. My therapist has also discussed with me the probability of the success of this procedure as well as the probability of serious side effects. Multiple treatment sessions may be required/needed. This consent will cover this treatment as well as consecutive treatments by this facility. I have read and fully understand this consent form and understand that I should not sign this form until all items, including my questions, have been explained or answered to my satisfaction. With my signature, I hereby consent to the performance of this procedure. I also consent to any measures necessary to correct complications which may result.

#### **Please answer the following questions:**

1. Have you ever fainted or experienced a seizure?  Yes  No
2. Do you have a pacemaker or any other electrical implants?  Yes  No
3. Are you currently taking anticoagulants (ex: Aspirin, blood thinners)?  Yes  No
4. Are you currently taking antibiotics for an infection?  Yes  No
5. Do you have a damaged heart valve, metal, or other risk of infection?  Yes  No
6. Are you pregnant?  Yes  No
7. Do you suffer from metal allergies?  Yes  No
8. Are you a diabetic or do you suffer from impaired wound healing?  Yes  No
9. Do you have Hepatitis B, C, HIV, or any other infectious disease?  Yes  No



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**DO NOT SIGN UNLESS YOU HAVE READ AND THOROUGHLY UNDERSTAND THIS FORM.  
You have the right to withdraw consent for this procedure at any time before it is performed.**

\_\_\_\_\_  
**Patient or Authorized Representative**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Relationship to patient (if other than patient)**

\_\_\_\_\_  
**Patient Name Printed**

**Physical Therapist Affirmation:** I have explained the procedure indicated above and its attendant risks and consequences to the patient who has indicated understanding thereof and has consented to its performance.

\_\_\_\_\_  
**Physical Therapist**

\_\_\_\_\_  
**Date**